



(818) 886-3331
9636 Cozycroft Ave.
Chatsworth, Ca. 91311

COVID-19 SAFETY PROTOCOL

MIGHTY MITES & LIL NINJAS

(Ages: 3-4)

What to Bring:

- * Mask (Please see Mask wearing requirements below in "Throughout the Class")
- * Slip-on Sandals (Quicker/easier to remove; Will put in backpack before entering the gym)
- * Backpack (Will remain with Parent in the Lobby)
- * Hand Sanitizer (Keep in Backpack, to be used as directed by Parent)
- * Water Bottle (OR money to purchase)

Check-In:

*** We are requiring parents to take the temperature of YOUR CHILD AND YOURSELF each day of class, prior to arrival!**

*** Please park and bring your child to the check in table at the front door to answer the following questions. Wearing masks is required:**

- *"Did you take your child's temperature today, and was it within normal range?"*
- *"Has your child been experiencing fever, cough, trouble breathing, or nausea/vomiting?"*
- *"Have you been in recent contact with anyone who has tested positive for COVID-19?"*
- *"Have you given your child any medication to help them feel well today?"*

*** We will then take your child and ONE parent inside to prepare for class. Parents, please help your child to remove their sandals and mask then wait with them on the provided bench for the coach to guide them into the gym. Parents please keep your child's bag with belongings with you at all times.**

*** ONE PARENT is required to stay in the main LOBBY AREA throughout the 3-4 year old classes. There will be a designated space for each parent to sit. PARENTS MUST KEEP A MASK ON WHILE IN THE LOBBY.**

AFTER CLASS:

- * Class duration will be **50-55 MINUTES** to allow enough time for safe and smooth transition.
- * We will bring your child back to your bench in the Lobby Area so they can put their sandals and masks back on.
- * Please exit back out of the front door, and we will begin our sanitation process for the next group!

Throughout the Class:

- * **ALL Coaches and Staff** are required to wear a mask at **ALL TIMES**.
- * *ALL Students* are required to wear a mask for Check-in & After class. Wearing a mask during class is Optional.
- * A 6-foot distance will be maintained between the Students and also from the Coaches, as directed by LA County.
- * Students will have a designated "x" or "box" on the floor for warmup, stretching, conditioning, and various stationary activities.
- * For each event, Students will be spread out and be provided with THEIR OWN station, mats, or equipment, and will NOT be sharing any of these throughout class.
- * Hand washing will take place in between each change in event/location throughout class, or if ANY students touch their face etc.
- * We will have an extra Staff Member present to ensure that ALL used stations, mats, or equipment will be completely disinfected before & after each class, and as often as necessary!